

Health News

By Christine Brophy



photo: Getty Images

Is it true that there are contact lenses that continue to provide 20/20 vision even after you take them out?

Yes. The FDA-approved Paragon CRT contact lenses reshape the cornea while a person sleeps to give wearers perfect vision or close to perfect vision all day long without the use of glasses or lenses. The lenses flatten the cornea, temporarily reducing nearsightedness (with or without moderate astigmatism—an irregularity in the cornea's shape). The effects generally last for one to two days. After this time the cornea will revert to its original shape. The lenses are a viable option for patients of all ages with nearsightedness who cannot have eye surgery procedures like LASIK. For details, go to www.paragoncrt.com.